



If you are a cancer survivor... the  
Cancer Association of Anderson  
wants to share some news with you!

### **November-December, 2017**

The following services are offered free of charge and are available to cancer patients and their families. CAA office hours are Monday-Thursday, 8:30 a.m. to 5 p.m. and 8:30 to noon on Friday. **Call us at 222-3500.**

- **Tuesday, Dec 5, 9:30-10:30 a.m.- Pet Therapy** at the AnMed Health Cancer Center, AnMed Health North Campus. Info: Sarah Gregorich, 512-4961.
- **Monday, Dec 11, 5:30 p.m. - 1 in 8 Breast Cancer Support Group.** This month we will have our annual Christmas dinner. Join us for fun, support and learn from other survivors. Info: Carolyn Shirley, 369-6077 or Angie Stringer, 222-3500.
- **Tuesday, Dec 12 5:30 p.m.—Head's Up Support Group** for patients with cancers of the head, neck, thyroid, brain and other upper body cancers.
- **Tuesday, Dec 12, All day- Belk Salon & Spa** at Anderson Mall offers free haircut & style for patients in active treatment for cancer. There is a one-time limit per patient . To schedule an appointment, call Meg or Kristin, 964- 8284
- **Wednesday, Dec 13 2:00 p.m. -The Sexy Broads**, a support group for gastrointestinal, urologic or other below-the-waist cancer, please join this fun, caring group of women for conversation, laughter & chocolate! Info: Linda Thompson, 226-6960.
- **Wednesday, Dec 13, 2:00 p.m. - Grief Group** meets at AnMed. A support group for anyone who has lost a loved one or family member. Info: Sarah Gregorich, 512-4961.
- **Wednesday, Dec 13, 3:00 p.m.- Man to Man Support Group.** This group is for men with cancer & the supportive spouses in their lives. Info: Sarah Gregorich, 512-4961.
- **Friday, Dec 15, 12:00-1:00 p.m. - Art Therapy** at the AnMed Health Cancer Center Conference Room. Info: Sarah Gregorich, 512-4961.
- **Weekly, Wednesdays, 9:30-10:30 a.m.- Surviving the Journey.** Sarah Gregorich welcomes survivors of any type of cancer, as well as families and caregivers, to join her in the AnMed Health Cancer Learning Center (located in the Cancer Center at the AnMed Health North Campus). Info: Sarah Gregorich, 512-4961.
- **Weekly Wednesdays, 10-12 Noon and Thursdays 2-4 p.m. - Cancer Care 101.** New patients get orientation to the treatments they may be receiving such as chemotherapy and radiation therapy in this one-hour class offered by AnMed Health at the Cancer Center. To schedule your class: 512-2255.



**Holidays:** CAA will be closed for **Thanksgiving** on Thursday, November 24 and Friday, November 25 and for **Christmas** on Monday, December 26 and Tuesday, December 27.

**Want to be dropped from our mailing list?** Please call 222-3500. If you would prefer to receive this newsletter as an email, contact [kristie@caanderson.org](mailto:kristie@caanderson.org).



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## UPCOMING EVENTS

**November 21: 7:30 am–9:00 am Breakfast at JC’s Sandwich Shop to benefit CAA**

*\*Sponsored by JC’s Sandwich Shop and The Cole Law Firm - \$25 Donation*

**December 2, 3, 4, 5, 19: Lights of Hope - Gate attendants**

*\*Need volunteers (4-6 each weeknight/6-8 each weekend) to help with greeting and ticket taking at the gate during the season.*

**December TBA: CAA Annual Sip-n-Shop**

**December 6 & 7: Papa John’s Give Back Days to benefit CAA**

**December 9: Crawl for a Cause**

*A Downtown Christmas Shopping event hosted by the Swaggin Wagon and Stephanie Moorhead Irby to benefit CAA*

*\*Volunteers (10-12) needed for registration table, CAA information tent, etc.*

**December 31: Warrior Ball New Year’s Eve Event to benefit Anderson County Charities at the Civic Center of Anderson**

*\*Volunteers (10-12) needed to tend bar, help with setup/cleanup, Silent Auction, etc.*

### Hostesses Sought for Girlfriend’s Tea

Eleanor Roosevelt famously said, “Women are like tea bags. Put them in hot water and they just get stronger.” That observation certainly applies to the Cancer Association’s annual **Girlfriends’ Tea**, which will be held on **Saturday, February 3, 12-4 p.m.** at the Civic Center of Anderson. There will be silent and live auctions, a bake sale and other activities to round out the day. The best way to get in on the fun is to be hostess of a tea table, which you will decorate and provide place settings for, then invite your girlfriends to join **you**. Contact Carrie Binnicker at [carrie@caanderson.org](mailto:carrie@caanderson.org) or call the office at 864-222-3500.

