



If you are a cancer survivor... the  
**Cancer Association of Anderson**  
wants to share some news with you!

## February 2016

The following services are offered free of charge and are available to cancer patients and their families. CAA office hours are Monday-Thursday, 8:30 a.m. to 5 p.m. and 8:30 to noon on Friday. **Call us at 222-3500.**

- **Tuesday, Feb. 2, 9:30-10:30 a.m.- Pet Therapy** at the AnMed Health Cancer Center, AnMed Health North Campus. Info: Sarah Gregorich, 512-4961.
- **Monday, Feb. 8, 6 p.m. - 1 in 8 Breast Cancer Support Group.** This month we will have our annual Valentine exchange. Please bring a card to exchange. Join us for Valentine's fun and to share, support and learn from other survivors at CAA. Info: Carolyn Shirley, 369-6077 or Angie Stringer, 222-3500.
- **Tuesday, Feb. 9, All day- Belk Salon & Spa** at Anderson Mall offers free haircut & style for patients in active treatment for cancer. There is a one-time limit per patient . To schedule an appointment, call Meg or Kristin, 964- 8284
- **Wednesday, Feb. 10, 2:00 p.m. -The Sexy Broads**, a support group for women with cancers "below the waist" will meet at CAA. If you have had a reproductive, gastrointestinal, urologic or other below-the-waist cancer, please join this fun, caring group of women for conversation, laughter & chocolate! Info: Linda Thompson, 226-6960.
- **Wednesday, Feb.10, 2:00 p.m. - Grief Group** meets at AnMed. A support group for anyone who has lost a loved one or family member. Info: Sarah Gregorich, 512-4961.
- **Thursday, Feb. 11, 6:00 p.m.- Upstate Monarchs Lymphedema Support Group**, Meeting at the CAA office . Info: Kathy Garraty, 225-6784.
- **Monday, Feb. 15, 6:30 p.m.- Man to Man Support Group.** This group is for men with prostate cancer & the supportive spouses in their lives. Info: Sarah Gregorich, 512-4961.
- **Friday, Feb. 19, 12:00-1:00 p.m. - Art Therapy** at the AnMed Health Cancer Center Conference Room. Info: Sarah Gregorich, 512-4961.
- **Weekly, Wednesdays, 9:30-10:30 a.m.- Surviving the Journey.** Sarah Gregorich welcomes survivors of any type of cancer, as well as families and caregivers, to join her in the AnMed Health Cancer Learning Center (located in the Cancer Center at the AnMed Health North Campus). Info: Sarah Gregorich, 512-4961.
- **Weekly Wednesdays, 10-12 Noon and Thursdays 2-4 p.m. - Cancer Care 101.** New patients get orientation to the treatments they may be receiving such as chemotherapy and radiation therapy in this one-hour class offered by AnMed Health at the Cancer Center. To schedule your class: 512-2255.



**Holiday:** CAA will be closed for **President's Day** on **Monday, February 15.**

**Want to be dropped from our mailing list?** Please call 222-3500. If you would prefer to receive this newsletter as an email, contact [lynn@cancerassociationanderson.org](mailto:lynn@cancerassociationanderson.org).



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[www.cancerassociationanderson.org](http://www.cancerassociationanderson.org)

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## Meet Our New Executive Director, Angie Stringer

Angela Stringer began work on January 19th as executive director of the Cancer Association of Anderson. (Previously she had been communications director for Anderson County for 10 years.) Angie is a lifelong resident of Anderson County, married for more than 34 years to Andy Stringer. She is the mother of four—three sons and a daughter—and grandmother of seven. All three of her sons serve in the U.S. Military. Angie is also a two-year survivor of breast cancer. “As a recent cancer survivor, I am excited by the chance to impact the lives of others who are battling this terrible disease,” she said. “CAA was there for me and my family when we needed support.” She hit the ground running—and dancing, as she will represent CAA at the 10th Annual Dancing for Our Heroes event in April.

***Come meet Angie on Wednesday, February 17 at 4 –5 p.m. at the CAA office, 215 E. Calhoun Street. Light refreshments will be served.***

## Hostesses Sought for Girlfriend’s Tea

Eleanor Roosevelt famously said, “Women are like tea bags. Put them in hot water and they just get stronger.” That observation certainly applies to the Cancer Association’s annual **Girlfriends’ Tea**, which will be held on **Saturday, February 27, 2-4 p.m.** at the Boulevard Baptist Church Christian Activities Center.

Attendees this year will enjoy creative table decorations, delicious food and the hilarious comic duo of cancer survivor Jan Burns and her sister Lynn Caldwell doing their “Sisters” act. There will be silent and live auctions, a bake sale and other activities to round out the day. The best way to get in on the fun is to be hostess of a tea table, which you will decorate and provide place settings for, then invite your girlfriends to join **you**. Contact Carrie Binnicker at [\*\*carrie@cancerassociationanderson.org\*\*](mailto:carrie@cancerassociationanderson.org) or call the office at 222-3500.

